

EFFICACY OF PLATELET RICH PLASMA FOR CHRONIC TENNIS ELBOW PUBLISHED IN THE AMERICAN JOURNAL OF SPORTS MEDICINE

PATIENTS

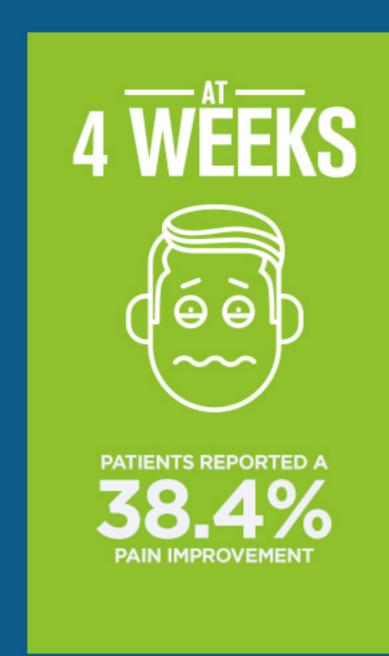


- AVERAGE AGE: 48 YEARS OLD
- 230 PATIENTS
- **MULTICENTER STUDY (11 MEDICAL** FACILITIES INCLUDING ORTHOHEALING **CENTER**)
- DOUBLE BLINDED PLACEBO **CONTROLLED (ANESTHETIC) TRIAL**
- PATIENTS HAD 3 MONTHS OF **SYMPTOMS AND FAILED CONVENTIONAL THERAPY**

THE INJECTION

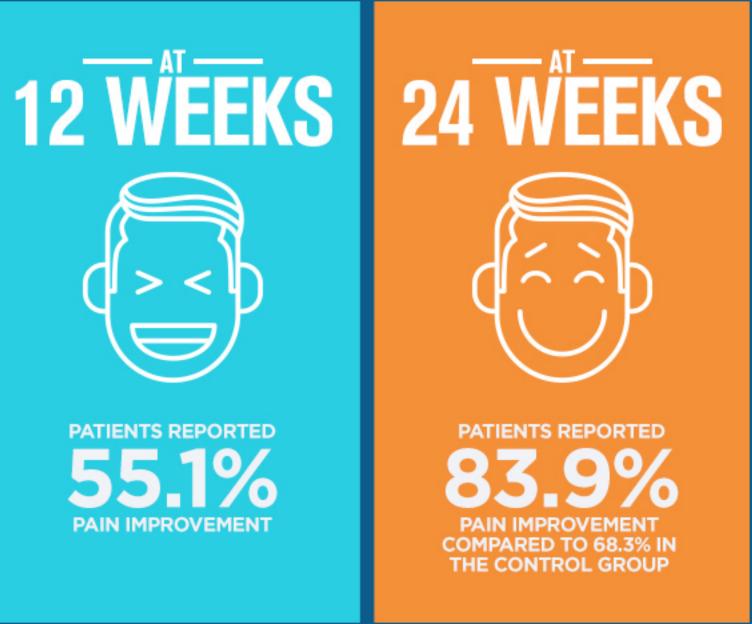
THE STUDY COMPARED A SINGLE INJECTION OF PRP VS ANESTHETIC AND **FOLLOWED PATIENTS AT 4, 8, 12 AND 24 WEEKS.**

AFTER THE TREATMENT













NO SIGNIFICANT COMPLICATIONS OCCURRED IN EITHER GROUP



AT EACH FOLLOW-UP, PRP-TREATED PATIENTS REPORTED MORE IMPROVEMENT IN THEIR PAIN SCORES



BASED ON THIS DATA, PATIENTS SHOULD CONSIDER PRP TREATMENT **BEFORE SURGICAL INTERVENTION -**SIMILAR SUCCESS RATE, LOWER COST, & LESS RISK

The American Journal of Sports Medicine

Efficacy of Platelet-Rich Plasma for Chronic Tennis Elbow: A Double-Blind, Prospective, Multicenter, Randomized Controlled Trial of 230 Patients

www.orthohealing.com | (310) 312-8095