

Steven E. Sampson, D.O.

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Professional

Dr Steven Sampson Medical Corp.
The Orthohealing Center
President & Founder
10780 Santa Monica Blvd, Suite #210
Los Angeles, CA 90025
July 2008 to present

The Orthobiologic Institute (TOBI)
President & Founder
10780 Santa Monica Blvd, Suite #210
Los Angeles, CA 90025

Santa Monica Orthopaedic and Sports Medicine Group
2020 Santa Monica Blvd, 4th Floor, Santa Monica CA 90404
Sept. 2006 to June 2008

Education

Chicago College of Osteopathic Medicine
Downers Grove, IL
D.O. June 2002

Michigan State University
East Lansing, MI
B.S. Sociology May 1997

Post Doctoral Training

Saint Vincent Medical Center of Manhattan, New York, NY
- Dept. of Physical Medicine & Rehabilitation
- Chief Resident, June 2006

UCLA/Helms Medical Institute, Los Angeles, CA
- Medical Acupuncture for Physicians, 300 hours of CME, Dec 2005

Saint Claire's Hospital/Saint Vincent Medical Center- Midtown, New York, NY
- Transitional Internship, June 2003

University Affiliations

-Active Clinical Instructor of Medicine, David Geffen School of Medicine at
UCLA, Nov 2010
- Clinical Assistant Professor of Physical Medicine & Rehabilitation. Western
University of Health Sciences. Pomona, CA July 2011

Hospital Affiliations

- Staff privileges at Saint John's Health Center, Santa Monica, CA

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Certifications

- Diplomate, American Board of Physical Medicine & Rehabilitation. June 2007
- COMLEX Boards step I, II, III

Publications/Presentations

- Ultrasound guided Injection of the Femoral nerve. *Atlas of Musculoskeletal Ultrasound guided Injections*. Textbook publication pending.
- Platelet Rich Plasma Practical use in Non-Surgical Musculoskeletal Pathology. *Regenerative Medicine- Platelet Rich Plasma: The State Of Art*. Innovative Aspects On Preparation and Applications in Sports Medicine, Orthopedic, and Recovery of Musculoskeletal Injuries. Textbook publication pending.
- Lecturer. Bedside Ultrasound in MSK Medicine. SonoSite Worldwide Managers Meeting (175 attendees). Palos Verdes, CA. Jan 11, 2012.
- Moderator & Participant. Neural Prolotherapy. Workshop with Dr John Lyftgoft. Los Angeles, CA. The Orthobiologic Institute. Jan 4-5, 2012.
- Moderator & lead instructor. Platelet Rich Plasma/Regenerative Medicine Intensive. Los Angeles, CA. The Orthobiologic Institute. Jan 6-7, 2012.
- Lecturer. Keeping Healthy: Prevention and Cutting-Edge Non-Surgical Treatment of Osteoarthritis. Stephen Wise Temple, Los Angeles, CA. Nov 7, 2011.
- Peer Reviewer. Effectiveness of Platelet-Rich Plasma Injection for Rotator Cuff Tendinopathy: A Prospective Open Label Study. *American Journal of Physical Medicine & Rehabilitation*. October 2011.
- Lecturer. Platelet Rich Plasma Therapy For Knee Osteoarthritis. North American Platelet Rich Plasma Symposium. Toronto, ON, CA. Sept 9, 2011.
- Game Changer. Ultrasound Guided Needle Procedures Offer Accurate, Cost-Effective, and often Less Painful Treatment of Musculoskeletal Disorders. *Imaging Economics*. Sept 2011. 24-27.
- Peer Reviewer. Platelet Rich Fibrin Matrix Effects on Skeletal Muscle Lesions: An Experimental Study. *Cells & Materials*, August 2011.
- Lecturer. Kaiser Permanente. Platelet Rich Plasma Therapy for Musculoskeletal Injuries. 2011 Combined Physical Medicine-Rehabilitation, Pain Management & Occupational Medicine Symposium. Aug 6th, 2011.
- Lecturer. Platelet Rich Plasma Therapy for Knee Osteoarthritis. Southern California Rheumatology Society. July 27, 2011.
- Peer Reviewer. Prospective Treatment of Knee Joint Osteoarthritis with Autologous Platelet-Rich Plasma. *American Journal of Physical Medicine & Rehabilitation*. March & July 2011.
- Treatment of Dupuytren's contracture by osteopathic manual manipulation following ultrasound-guided lidocaine injection and needle aponeurotomy: a case report. *The J Am Osteopath Assoc*. Feb 2011;111(2)113-116.
- Platelet Rich Plasma Therapy as a First-Line Treatment for Severe Achilles Tendon tear: A Case Report. *International Journal of Therapy & Rehabilitation*. February 2011, Vol 18, No 2
- Lecturer. Emerging Non-Surgical Therapies for Tendon and Cartilage Injuries. Palais Des Nations UNOG (United Nations Office Geneva), Switzerland.

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“Generation Regeneration” Biobridge Regenerative Medicine Conference, Oct 11, 2010.

- Injection of Platelet-Rich Plasma in Patients with Primary and Secondary Knee Osteoarthritis: A Pilot Study. *American Journal of Physical Medicine & Rehabilitation*. Nov 20, 2010 online, Dec 2010 Vol 89, Issue 12 pp 961-969.

-Foreword author. “Beyond the Knife.” Alan Lazar MD. Publication pending.

-Peer Reviewer. Effect of Platelet-Released Growth Factors on Muscle Strain: A Case Control Report. *American Journal of Physical Medicine & Rehabilitation*. August 2010.

-Lecturer & Moderator. The Orthobiologic Institute (TOBI), Platelet Rich Plasma Therapy & Musculoskeletal Ultrasound Training Seminar. Los Angeles, CA. Aug 13-14, 2010.

-Lecturer. PRP and advancements in treating Osteoarthritis. 20th Annual Practical Applications in Sports Medicine. Palm Springs, CA June 6, 2010.

--Peer Reviewer. Platelet-Derived Growth Factors in Muscle Healing. *American Journal of Physical Medicine & Rehabilitation*. March 2010.

-Peer reviewer. Platelet-derived growth factors and mesenchymal stem cells in Regeneration Medicine. Piero Borzini, MD May 2009.

-Lecturer, Yoga Day, New Treatments in Sports Medicine, Malibu CA. May 31, 2009

-Lecturer, St John’s Health Center. Advancement of Stem Cell Applications in Orthopedics and Sports Medicine. March 5th, 2009.

- Principal Investigator for an ongoing multicenter FDA study on Lateral Epicondylitis with Recover Platelet Separation Kit, Biomet Biologics. Jan 2009.

-Principal Investigator for an NIH proposed study on Autologous Platelet Concentrate injections with a collagen matrix for knee osteoarthritis. Arteriocyte Medical Systems. Dec 08.

-Lecturer, Complete PT. Emerging Treatments in Sports Medicine Oct 23, 2008

-Platelet Rich Plasma Injection Grafts for Musculoskeletal Injuries- a Review. *Current Reviews in Musculoskeletal Medicine*. July 16, 2008. 1935-973X (Print) Volume 1, Issue3 (2008), Page 165. 1935-9748 (Online).

- Lecturer, St John’s Health Center, “Sports Injuries, Healing Tendons with Platelet Rich Plasma.” Santa Monica, CA Nov 28, 2007.

-Lecturer, Akasha Integrative Center, Physiatry & Platelet Rich Plasma Therapy, Oct 25, 2007.

-Lecturer, St Johns Health Center, “Understanding Physiatry,” Santa Monica, CA Nov 2, 2006

- “Trying to Help: A Medical Student’s Account of Living in NYC During the World Trade Center Attack

Vital Signs Vol. 6, #2; Nov/Dec 2001 & *The D.O.* Vol. 43, #1; Jan. 2002

- “Case Presentation and Discussion of Transverse Myelitis” New York Society of PM&R, June 2004

Workshops /Affiliations/Volunteer Experience/Skills

- Virtual Mentor. David Geffen School of Medicine at UCLA.

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- Staff privileges and Clinical Preceptor and at Kern County Medical Center, Bakersfield, CA. Affiliated with the University of California Schools of Medicine at Los Angeles and Irvine. Nov 2010-March 2012.
- AAPM&R in Partnership with Mayo Clinic: Diagnostic and Interventional Musculoskeletal Ultrasound of the Upper Extremity. Las Vegas, NV June 10-12, 2011.
- Moderator and Host, 2nd Annual The Orthobiologic Institute (TOBI), Platelet Rich Plasma Therapy & Musculoskeletal Ultrasound Training Seminar. Los Angeles, CA. May 13-14, 2011.
- Musculoskeletal Ultrasound Application Summit of Experts. Sonosite Headquarters, Kirkland Washington, April 1-2, 2011.
- Visiting Physician. UKA United Kingdom Athletics, Lee Valley Olympic Track & Field Training Center. London, England. Oct 12, 2010.
- Visiting Physician. The Monaco Institute of Sports Medicine and Surgery (IM2S). Monaco. October 14, 2010.
- Biobridge Foundation Supporting Member. Supporting Regenerative Medicine research and professional education worldwide.
- Board Member. One for All Charity to mentor at risk youth in Englewood, CA.
- UKA United Kingdom Athletics, remote participation as advisor in Therapeutic use of Growth Factors in Elite Sports Medicine Symposium. London, England. Nov 25, 2009.
- Sonosite Instructor for I Phone application, MSK Ultrasound of the shoulder & knee with guided injections. July 10, 2009.
- Clinical Preceptor. Western University of Health Sciences. Pomona, CA
- Women's Health Team Member, Saint John's Health Center, Santa Monica, CA
- 4th Annual Stem Cell Summit, New York, NY Feb 17, 2009.
- Los Angeles Shoulder Ultrasound Course, Los Angeles, CA. Jan10, 2009
- Guest Faculty Loyola Marymount University, Therapeutic Yoga
- AAPM&R Annual Assembly, San Diego, CA. Nov18-20, 2008.
- Introduction to Diagnostic Musculoskeletal Ultrasound, LaJolla, CA Aug 9, 2008
- Covering Physician, Adidas Track & Field Classic. Home Depot Center, Carson CA May 18, 2008.
- University of Michigan Fundamentals of Musculoskeletal Ultrasound Course. La Jolla, CA March 31-April 4th, 2008.
- Platelet Rich Plasma, Bone Marrow Aspirate, & Ultrasound Course. OH, Nov2-3, 2007
- AOA Osteopathic Manipulation Workshop, San Diego, CA Sept 29, 2007
- Introduction to Diagnostic Musculoskeletal Ultrasound, Irvine, CA Sept 9, 2007
- North American Spine Society, Lumbar Epidural Course. Maywood II, Mar 2-3,2007
- Covering Physician US National Soccer Vs Denmark, Home Depot Center, Carson CA. Jan 20, 2008.

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- Int. Spine Intervention Society, Lumbar Workshop, Burlingame Ca, Jan 6-7, 2007
- AAPM&R Annual Assembly, Honolulu, HI, Nov 9-12, 2006
- PASSOR Spinal Procedures Workshop Phase I, Memphis, TN Sept 16-17, 2006
- Trained in fluoroscopic guided epidural, facet, & sacroiliac joint steroid injections
- Acupuncture Integration Observation Committee, St Vincent Hospital, NY, 2006
- UCLA/HMI, Intermediate Acupuncture Course, Tempe AZ May 27-28, 2006
- Musculoskeletal Ultrasound Workshop, Elmhurst Hospital, NY May 21, 2006
- Sports & Musculoskeletal Injuries Workshop, NYU/RUSK, NY May 11, 2006
- Chinese Scalp Acupuncture Course, Pittsburgh, PA April 29-30, 2006
- Kessler PM&R Board Review Course, Livingston, NJ April 20-28, 2006
- AAPM&R Annual Assembly, Philadelphia, Oct 25-26, 2005
- Scleroderma Foundation, Gala Committee Member, New York Oct 24, 2005
- Osteopathic Manipulative Treatment, Harvard Medical School, Aug 5-7, 2005
- Electrodiagnosis Seminar, AOCPRM, Arizona, April 7-10, 2005
- BOTOX Treatment in Cranio-Cervicothoracic Pain, NY, March 13, 2005
- AAPM&R Annual Assembly, Arizona, Oct 7-10, 2004
- American Association of Physical Medicine & Rehabilitation, Student Mentor
- American Osteopathic College of Physical Medicine and Rehabilitation
- American Academy of Medical Acupuncture
- Medical Volunteer, ING NYC Marathon, Nov 2004
- Proficient in Spanish

Media

- The Doctors TV. Featured with Los Angeles Lakers Athletic Trainer Gary Vitti on 3 ways to treat knee pain. Live Demonstration of Traumeel Homeopathic injection. March 13, 2012. CBS.
- The Doctors TV. Neural Prolotherapy and Musculoskeletal Ultrasound for Knee Pain. Feb 29, 2012. CBS.
- CBS Early Show. Assessing the Value of PRP Therapy. Dec 6, 2011.
- Kcal TV: Healing Muscle, Tendon, Joints. Dec 6, 2011.
- Radio Rounds. The Medical Response. Interviewed about experience as a medical student volunteer at Ground Zero during 9-11 WTC Attack. Sept 11, 2011. Wright State University. Boonshoft School of Medicine. Dayton, OH.
- ESPN 1000 AM Radio. Interviewed by NBA Chicago Bulls Team Physician & Orthopedist Dr Brian Cole. PRP and the Use of Musculoskeletal Ultrasound in Professional Sports and with Non-Athletes in Pain. July 9, 2011.
- Band News FM, National Brazilian Radio. Platelet Rich Plasma Use on Elite Athletes and Weekend Warriors. July 7th, 2011.
- Contributing medical expert. Interviewed by The Los Angeles Times. Lakers' Bryant Receives Rare Procedure on Knee. July 1st, 2011.
- Denver Post. Lakers' Bryant Receives Rare Procedure on Knee. July 1st, 2011.
- Boston Herald. Kobe Bryant Undergoes a Different Kind of Knee Procedure. July 1st, 2011.

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- Cleveland Clinic Arthritis Advisor. Blood Spinning Therapy Triggers Knee Pain Relief. Vol 10 #3. March, 2011.
- NBA TV, NBA All-Star Weekend. Interviewed utilizing musculoskeletal ultrasound for diagnosis and treatment of NBA athletes and weekend warriors. Feb 19, 2011.
- Staples Center Jumbotron at NBA All Start weekend, Los Angeles CA Demonstrated use of musculoskeletal ultrasound on NBA athletes and weekend warriors. Feb 19, 2011.
- Proto Massachusetts General Hospital, PRP: The Power of Platelets. Spring 2010.
- Orthopedics This Week. Platelet Rich Plasma Therapy. April 26, 2010.
- Ivanhoe Medical Breakthroughs, Blood Therapy for Joint Injuries-April 19, 2010
- Orlando Sentinel. Questions Still Remain About Tiger Woods and Doctor Under Investigation. April 5, 2010.
- LA Times Panel of Experts. Orthopaedic Health. April, 2010.
- Fairfax Times. Retired Fairfax Officer Benefits From Unique Procedure. March 23, 2010.
- Advance Magazine. The Natural healing Power. Platelet Rich Plasma is all the Rage in Orthopaedics. March 18, 2010
- The Doctors. Platelet Rich Plasma Injections for knee arthritis. Dec 8, 2009.
- RX Muscle.com. Platelet Rich Plasma Therapy. Oct 27, 2009.
- The Doctors TV. Platelet Rich Plasma Injections for tendon injuries. Sept 4, 2009.
- ABC 7 Los Angeles, CA. New Therapy Heals Joints Without Surgery. July 17, 2009
- Contributing medical expert. Interviewed by The New York Times. A Promising Treatment for Athletes, In Blood. Feb 16, 2009.
- “Coffee Break” Public Access Television Show. Introduction to Physiatry & Platelet Rich Plasma Therapy. Los Angeles, CA Mar 21, 2007.

References available upon request.